

What to watch out for this week.....

Due to current restrictions we have had to simplify the menu for the take away service. Thanks for your understanding. We hope to return to “normal service” as soon as we can 😊

QEGS DINING HALL

This Week's Menu

WEEK BEGINNING 19th Oct 2020

	Monday	Snack Attack Tuesday	Pasta Bar Wednesday	Traditional Thursday	
Main Meal	Italian or Fajita Chicken with Pasta <i>MF</i> ★	Roast Chicken Subs with either Salad or Sage & Onion Stuffing <i>MF</i>	Pork Meatballs in Tomato Sauce with Pasta or in a Baguette	Sausage Roll with Mashed Potatoes and a choice of Peas or Baked Beans	Enjoy your ½ Term 😊
Vegetarian	Tomato Quorn “Meatballs” with Pasta ★	Veggie Finger Salad Sub ★	Veggie Mince Bolognese with Pasta (MF) ★	Quorn Sausages with Mash and a choice of Peas or Baked Beans	
Pasta Pot	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	Pasta Pronto <i>mf</i> ★	
Pudding	Healthier Baked Doughnut	Choc Chip & Orange Sponge	Cookie & Flapjack <i>MF</i>	Sticky Toffee Sponge with Custard	

Menu is subject to change

ALLERGENS: *MF= Milk Free GF=Gluten Free N= Contains Nuts ★ = Healthier*

“Check the daily menu & counter labels” Always ask we can sometimes take out an ingredient e.g. cheese

