What to watch out for this week.....

Due to current restrictions we have had to simplify the menu for the take away service. Thanks for your understanding.

We hope to return to "normal service" as soon as we can ©

QEGS DINING HALL

This Week's Menu

	Pasta Bar Monday	Snack Attack! Tuesday	Pasta Bar Wednesday	Traditional Thursday	Fish n Chips Friday
Main Meal	Beef ★ Bolognaise or Fiesta Chilli Beef (GF) MF	Crispy Chicken in a Salad Jumbo Bun Or Plain	Italian Tomato Chicken with Pasta GF	Southern Chicken with Choice of Rice & Corn Cob	Chicken or Sausage Or Fish <i>MF</i>
Vegetarian	Spicy Bean Nachos (GF) or with Pasta	Veg Cheese Fillets in Salad Jumbo Bun Or Plain	Macaroni Cheese with Side of Veg	Quorn Dipper Fajita Rice Burrito ద	Vegetable & Cheese Nuggets
Pasta	Pasta Pronto	Pasta Pronto	Pasta Pronto	Pasta Pronto	Pasta Pronto
Pudding	Blueberry Muffin	Choc Iced Sponge with Custard	Cookies and Cakes Day <i>MF</i>	Cheesecake & Topping	Choc Chip Muffin

Menu is subject to change

ALLERGENS: MF= Milk Free GF=Gluten Free

N= Contains Nuts



 \Rightarrow = Healthier

("Check the daily menu & counter labels" Always ask we can sometimes take out an ingredient e.g. cheese)

