# neghthine Parent Carer Forus

# PARENT CARER COFFEE MEETINGS

Are you feeling isolated and alone?

Do you think you are the only one feeling as though you are not being listened to?

If so join us for a coffee and a chat.

The aim of our coffee meetings are for parents and carers to meet in an informal environment and enjoy a 'FREE' tea or coffee with like minded people.

Each coffee meeting is hosted by an LPCF volunteer, who can signpost parents to information relevant to their needs and keep them informed of work in which the LPCF are involved.



We also from time to time have 'invited' guests to tell us about what they can offer parents of children with disabilities and SEN.

# "If you don't go you'll never know"

Web:www.lincspcf.org.uk

Email: admin@lincspcf.org.uk

Phone: 07925 232 466

Registered Charity No: 1141060



# Dates for 2018 SLEAFORD

Friday 28th September 11.00-12.30 Friday 30th November 11.00-12.30 Friday 1st February 11.00—12.30 (2019)



Venue: Jolly Scotsman, 18 Lincoln Road, Holdingham, Sleaford. NG34 8NP

# **SPALDING**

Tuesday 25th September 11.00-12.30 Tuesday 20th November 11.00-12.30 Tuesday 29th January 11.00-12.30(2019)



Venue: Castle Sports Complex, Albion Street, Spalding PE11 2AJ

# **BOSTON**

Monday 10th September 10.00-11.30 Monday 5th November 10.00-11.30 Monday 14th January 10.00-11.30 (2019)



Venue: The New England Hotel, Wide Bargate, Boston PE21 6SH

# **BOURNE**

Thursday 11th October 10.30- 12 noon Thursday 6th December 10.30-12 noon Thursday 7th February 10.30- 12 noon (2019)



Venue: The Nags Head, Bourne, PE10 9EF

# **WOODHALL SPA**

Monday 17th September 11.00-12.30 Monday 12th November 11.00-12.30 Monday 21st January 11.00-12.30(2019)



Venue: The Mall, Station Road, Woodhall Spa, Lincolnshire LN10 6Q Guests may be invited from time to time—details on website



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# Why join LPCF?

- bearn more about LPCF and how we can help you
  - ⇒ Free coffee events
- → Mccess to LPCF's Facebook

  page
- Events are free or reduced for Registered members
- ⇒ Keep updated with the changes in SCND
  - ⇒ Email/telephone support
- ⇒ Give us your views and help us

  to represent you.
- ⇒ Volunteer for LPCF and join our team!

  Ask your host for more details.

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Registered Charity No: 1141060





# More dates in 2019 for your diary SLEAFORD

Friday 29th March 11.00-12.30 Friday 24th May 11.00-12.30

Venue: Jolly Scotsman, 18 Lincoln Road, Holdingham, Sleaford. NG34 8NP



### **SPALDING**

Tuesday 19th March 11.00-12.30 Tuesday 21st May 11.00-12.30

Venue: Castle Sports Complex, Albion Street, Spalding PE11 2AJ



### BOSTON

Monday 4th March 10.00-11.30 Monday 13th May 10.00-11.30

Venue: The New England Hotel, Wide Bargate, Boston PE21 6SH



# **BOURNE**

Thursday 4th April 10.30-12 noon Thursday 6th June 10.30-12 noon

Venue: The Nags Head, Bourne, PE10 9EF



# **WOODHALL SPA**

Monday 18th March 11.00-12.30 Monday 20th May 11.00-12.30



Venue: The Mall, Station Road, Woodhall Spa, Lincolnshire LN10 6Q Guests may be invited from time to time Details will be on website

