

What to watch out for this week.....

Watch this space for the next theme day!

QEGS DINING HALL

This Week's Menu

WEEK BEGINNING 25th Sept 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Roasted Hoi Sin Chicken Wrap or Noodles ★ MF	Creamy Ham or Tomato Chicken ★ Sauce Pasta & Bread	1/4lb Beef Cheese Burger with all the trimmings	Dippin' Chicken with Sauce Pot and Corn on the Cob & Rice MF	Healthier Chicken ★ Sausages & Chips
Vegetarian	Hoi Sin Vegetable Noodles ★	McQEGS BBQ Quorn Burger	Sweet Potato & Vegetable Curry with Rice MF★	Margarita Pizza Wheels	Healthy Option TBA ★
Pasta Pot	Pasta Pronto ★	Pasta Pronto ★	Pasta Pronto ★	Pasta Pronto ★	Pasta Pronto ★
Pudding	Jumbo Blueberry Muffin	Chocca Mocha Sponge Pudding	Cookies & Cakes!	Chocolate Brownie	Cake Bars & Ice Lolly Poles

Menu is subject to change

ALLERGENS: MF= Milk Free GF=Gluten Free N= Contains Nuts ★ = Healthier

("Check the daily menu & counter labels" Always ask we can sometimes take out an ingredient e.g. cheese)

