


What to watch out for this week.....

Enjoy your summer everyone 😊

QEGS DINING HALL

This Week's Menu

WEEK BEGINNING 19th July 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chinese Hoi Sin Roast Chicken Wrap ★	Carbonara or Chicken & Tomato Pasta with Rustic Bread ★	Healthier Chicken ★ Sausages & Chips		
Vegetarian	Oriental Hoi Sin Veg ★ Noodles or with Chicken.	BBQ Quorn Burger in a McQEGS Bun	Healthy Option TBA ★		
Pasta Pot	Pasta Pronto ★	Pasta Pronto ★	Pasta Pronto ★		
Pudding	Jumbo Blueberry Muffin	Chocca Mocha Sponge	It's Cookies & Cakes Day!		

Menu is subject to change

ALLERGENS: MF= Milk Free GF=Gluten Free N= Contains Nuts ★ = Healthier

("Check the daily menu & counter labels" Always ask we can sometimes take out an ingredient e.g. cheese)

