

What to watch out for this week.....

Chinese New Year on Tuesday 😊

QEGS DINING HALL

This Week's Menu

WEEK BEGINNING 4th Feb 2019

| | Pasta Bar Monday | Snack Attack Tuesday | Pasta Bar Wednesday | Traditional Thursday | Chips to Go... Friday |
|------------|--|---|---|---|---|
| Main Meal | BBQ Chicken or Herbie Chicken Sauce ★ Pasta & Bread <i>Or in a Ciabatta Roll</i> | McQegs Beef Burger in a Bun Fully Loaded Or With Cheese | Chicken in Tomato (MF) Sauce or Carbonara Sauce & Pasta ★ | ★ Roast Chicken Dinner or Baguette MF | Healthier Chicken ★ Sausages & Chips |
| Vegetarian | Mushrooms in Tomato & Garlic Sauce with Pasta | Stir Fried Rice Chinese New Year Special <i>See Advert</i> ★ | Sweet Potato & Vegetable Curry with Rice & Naan Bread MF | Veg & Cheese Fillets or Quorn Burger in a Salad Bun | Healthy Option TBA ★ |
| Pasta Pot | Pasta Pronto ★ | Pasta Pronto ★ | Pasta Pronto ★ | Pasta Pronto ★ | Pasta Pronto ★ |
| Pudding | Jumbo Blueberry Muffin | Chocca Mocha Sponge Pudding & Cream | Cookies & Cakes! | Chocolate Brownie | Choice of Homemade Muffins |

Menu is subject to change

ALLERGENS: MF= Milk Free GF=Gluten Free N= Contains Nuts ★ = Healthier

("Check the daily menu & counter labels" Always ask we can sometimes take out an ingredient e.g. cheese)



